



WHAT'S NEW AT HGF

Welcome back to the HGF Quarterly News Update!

We hope that your year is off to a great start! With the first quarter under our belt and spring underway, we're here with an update of our 2025 so far.

Hour Tutoring Program - Winter 2025

Hour Tutoring Program

Hour Tutoring program provides free tutoring to our Title 1 partner elementary school students Kindergarten – 5th grade on a first come, first serve basis to assist in Reading and Math, helping to build skills that will enable them be successful in the school year.

PARENT REVIEWS:

I heard Malorie reading for the first time. I had to jump out of my seat and ask if that was my baby reading. Thanks again for all your help and support for my girls.

I want to thank you and the foundation for making this tutoring possible for my girls... I watched both of my girls confidence grow over the last few weeks because of this foundation.



Hour Story Time

This year, special guests included Jerami Grant and the Portland Trail Blazers mascot in Portland, and New York Times bestselling and award-winning author Jason Reynolds in Maryland.

In Maryland, 3rd and 4th grade students read Stuntbody, In the Meantime. In Portland, 3rd Graders read Stuntbody, In the Meantime and 4th graders read Look Both Ways, both by Jason Reynolds. Students participated in our "Write the Power" Essay Contest.

Students also had the opportunity to create a drawing of their interpretation for our annual T-Shirt competition. The winning drawings are featured on this year's Hour Story Time shirts, provided by Adidas.



VOLUNTEER WITH US

Are you looking for a way to give back to your community? At Hour Generation Foundation, we work hard to provide resources and equitable opportunities that enable youth to thrive. We have a variety of events throughout the year and ample opportunities to get involved, and your support is what enables us to support our community.

Click the button below to stay up to date on all of our volunteer events!

VOLUNTEER WITH HGF



2025 WALK FOR WELLNESS

Registration for this year's Walk for Wellness has officially begun! We are challenging you to walk or run 25 miles or 52,800 steps in one month, which will require spending more time being intentional about you. Please join us on this Virtual Walk for Wellness Journey for Mental Health Awareness Month, May 1 – May 31.

REGISTER NOW

MARK YOUR CALENDAR

Hour Generation
FOUNDATION

WALK
for
WELLNESS
COMMUNITY
HEALTH FAIR
BREATHE • RELAX • MEDITATE

PEPPERMILL COMMUNITY HEALTH FAIR
610 HILL ROAD, HYATTSVILLE, MD 20785
SATURDAY, MAY 3, 2025 10:00 A.M. – 2:00 P.M.

Supporting our community during Mental Health Awareness Month

FREE

• Health Screenings
• Wellness Education
• Fitness Activities
• CPR Demonstrations
• Nutrition Education

HEALTH SCREENINGS INCLUDE

• Blood Pressure
• Glucose
• Height & Weight/Body
• Mass Index
• Dental Screening
• Depression Screening

COME JOIN US

• 3K Walk
• Yoga
• Prizes
• Music
• Healthy Snacks

Our educational sessions will discuss a comprehensive approach to building healthy communities by focusing on physical and mental health.

Prince George's County Public Schools is not sponsoring, endorsing, or recommending the activities announced in this flyer/material.

UPCOMING EVENTS

Stay informed about the exciting events and initiatives planned for the year. From fundraisers to community outreach programs to volunteer opportunities and special celebrations, there's something for everyone to get involved in.

Thank you for your continued support and dedication. Together, we are making a difference.

FLYING HIGH AVIATION PROGRAM '24

COMMUNITY HEALTH FAIR '24

MAY EVENTS

MAY 1 - MAY 31, 2025
WALK FOR WELLNESS

Join us for our 4th annual Walk for Wellness! This is a virtual race focused on promoting the social and emotional health of our community. Run, jog, or walk wherever you are anytime between May 1st - May 30th.

MAY 3, 2025
COMMUNITY HEALTH FAIR

Join us at Peppermill Community Center from 10:00a.m. – 2:00p.m. where we will be providing FREE health screenings, wellness education, fitness activities, and fun!

MAY 29 - AUGUST 24, 2025
FLYING HIGH AVIATION PROGRAM

This program provides high school students currently enrolled in the Reserve Officers Training Corps, (ROTC), with the opportunity to learn about and gain ground school experience for a career in aviation.



JUNE EVENTS

JUNE 7, 2025
ETIQUETTE DINNER

Intended to create a welcoming and exciting experience for PG County youth to practice etiquette training, this event empowers students to be confident in any situation.

JUNE 14, 21, & 28, 2025
PARENTING PROGRAM

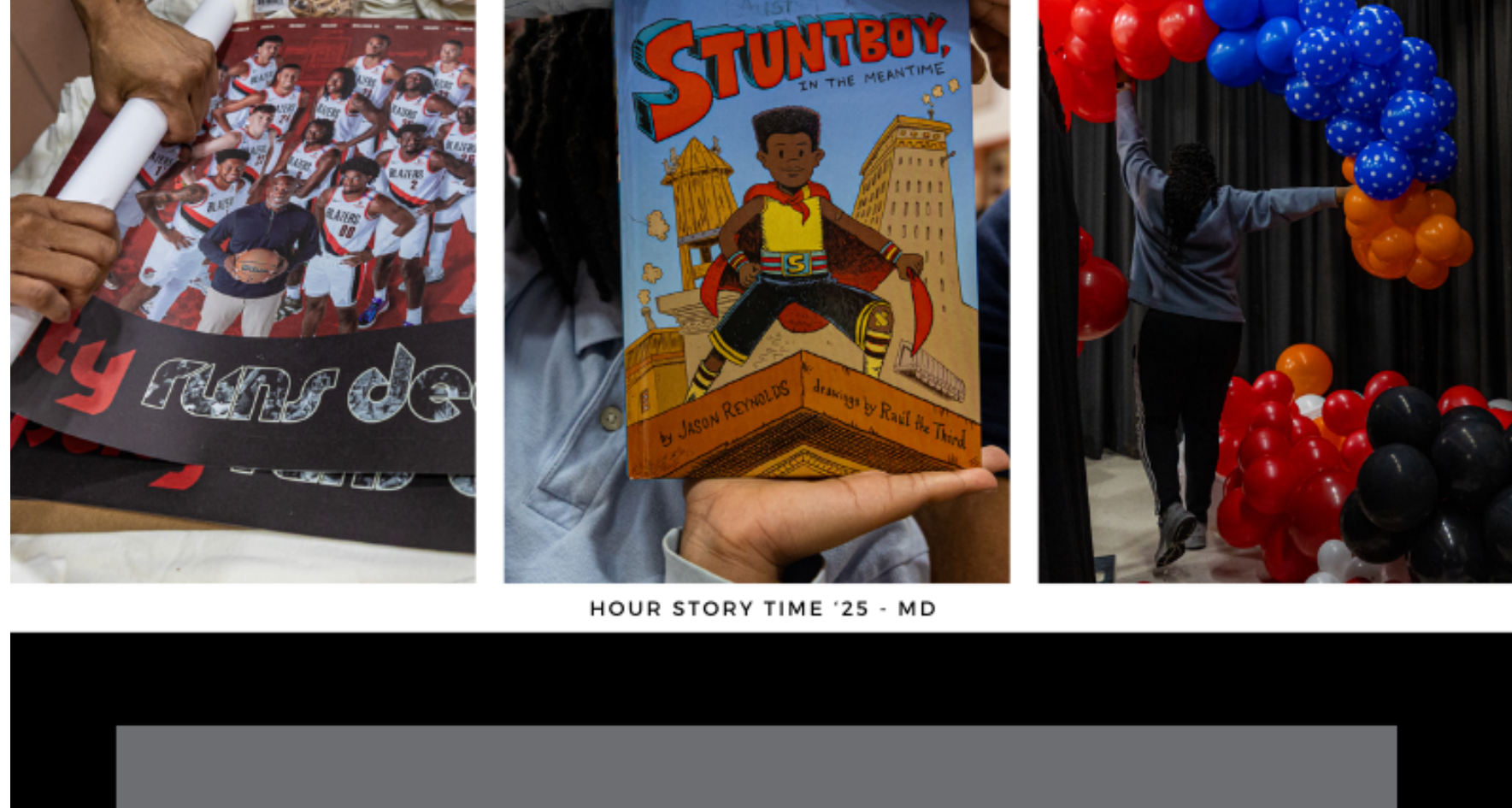
We're partnering with Peppermill Community Center to provide monthly 90 minute seminars to cover a range of topics for parents and provide research-proven practical tips for everyday parenting.

FOLLOW US

WE'RE ON LINKEDIN!

Stay connected with Hour Generation Foundation by following us on LinkedIn for updates on all of our upcoming events.

CONNECT WITH US



1. SUCCESS STORIES

Learn about the incredible impact of your support through heartwarming stories, testimonials, and updates from the individuals and communities we serve. Your contributions are making a real difference in the lives of others, and we're excited to share these inspiring stories with you.

2. SPOTLIGHT ON VOLUNTEERS

Get to know the dedicated volunteers who are the heartbeat of our organization. Each issue will feature interviews, profiles, and shout-outs to recognize our amazing volunteers' hard work and dedication.

3. WAYS TO GET INVOLVED

Discover how you can make a difference and get involved in our mission. Whether you're interested in volunteering, donating, or spreading the word about our cause, there are plenty of ways to join us to create positive change.